



Hordle Primary School

SEX & RELATIONSHIP EDUCATION POLICY

1. Governing Body Statement

- 1.1. The Governing Body has decided that sex education should be included within the secular curriculum at Hordle Primary School.
- 1.2. While recognising that the prime responsibility rests with the parents, the Governors wish to support and complement them in their role by providing children with information and knowledge about their own bodies and opportunities to develop self-confidence, social skills and good personal relationships.
- 1.3. Sex education will be set within the Christian ethos of a long term, committed relationship.

2. Rationale

- 2.1. We believe that children have a right to sex education as part of their growing understanding of their own lives. In a time when they are under pressure from their peers and the wider world, children need opportunities to develop a sense of self worth that will support them in taking responsibility for their own bodies.
- 2.2. It gives them knowledge about growing into adulthood and the processes of reproduction, an opportunity to be comfortable with their own gender and the chance to develop skills and attitudes, which allow them to manage their relationships in a healthy and responsible manner.

3. Aims

- 3.1. We will:
 - 3.1.1. help children to prepare for puberty and adolescence;
 - 3.1.2. inform children of the facts of life for sexual relationships and reproduction;

- 3.1.3. address ignorance and misunderstanding;
- 3.1.4. attempt to reduce anxiety by providing information, support and opportunities for discussion;
- 3.1.5. promote responsible behaviour by exploring personal relationships, attitudes and values;
- 3.1.6. develop personal and social skills and self esteem to enable children to make informed choices and protect themselves;
- 3.1.7. encourage communication between different sexes.
- 3.1.8. Sex education will follow the requirements of the Education Acts 1988, 1993 and circular 5/94. It will be grounded in the moral values expressed in the school Mission Statement.
- 3.1.9. Parents will be informed of their right to withdraw their child from sex education, but no alternative teaching will be available. The child will join another class with work set.

4. Programme

- 4.1. The programme for sex education will form an integrated part of the school's Physical, Social and Health Education programme (PSHE) and link closely with teaching on family life. It will take place throughout the school.
- 4.2. It will relate closely with elements of the National Curriculum in Science.
- 4.3. During Foundation and Key Stage 1 children will:
 - 4.3.1. learn that human beings have life processes in common, but different characteristics;
 - 4.3.2. think about the needs of a baby and that babies grow into children and adults;
 - 4.3.3. name the main external parts of the body and understand the concept of male and female;
 - 4.3.4. develop simple skills in basic personal safety;
 - 4.3.5. develop skills in living and working together;

- 4.3.6. know that there are different types of family and be able to describe the roles of individuals within the family.
- 4.4. During Key Stage 2 children will:
 - 4.4.1. learn about the physical, emotional and social changes at puberty;
 - 4.4.2. know the basic biology of human reproduction;
 - 4.4.3. learn about some of the skills in parenting;
 - 4.4.4. know and value the relationships within families and between friends;
 - 4.4.5. learn how to take responsibility for the health and safety of their own bodies;
 - 4.4.6. explore issues related to gender.

5. Approach

- 5.1. Sex education will be taught through PSHE and Science in topic themes related to the subject.
- 5.2. In Y5, and again in Y6, work on feelings, emotions and relationships will form an integral part of the programme. Opportunities will be provided for active learning in small group discussion, role play, problem solving, etc
- 5.3. In Y5 sex education introduce puberty and childbirth. In Y6 these will be revisited and conception and appropriate related topics will be taught. There will be opportunities for discussion in class groups and single sex groups. Videos and other resources approved by the Governing Body will be used.
- 5.4. Teachers will not show bias or share personal anecdotes. All answers to factual questions will be clear and simple. Questions will only be answered if considered appropriate for the whole group and directly linked to the programmes. Questions that are beyond the general developmental level of the group should be referred back to parents.
- 5.5. When appropriate the school will use the expertise of members of the school health service. A member of staff will always be present. The visitor will be briefed in the objectives of the lesson and the approaches acceptable to the school.
- 5.6. All teachers will check the range of religious and cultural beliefs in the class to ensure that no child is caused distress because of personal beliefs.

6. General

- 6.1. All resources will be agreed by the staff involved before use.
- 6.2. Parents of children in Y5 and Y6 will be informed before the sex education unit takes place and given an opportunity to watch the videos and ask questions.
- 6.3. Parents will be consulted prior to any significant changes to this policy.
- 6.4. This policy will be reviewed tri-annually.

Signed

Chair of Governors:..... Date:
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Headteacher:..... Date:
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