



Hampshire *learning* in libraries



# Craft for Well-being

at Lymington Library

Tuesdays 05 June – 10 July 2018

10:00am – 12:00pm

**FREE COURSE**

Booking is essential, so contact the Library, call the Booking Line: 01590 673272 or visit [www.hants.gov.uk/shop](http://www.hants.gov.uk/shop) to guarantee a place.

[www.hants.gov.uk/library](http://www.hants.gov.uk/library)



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## Course Information

Course title: Craft for Well-being	Tutor: Jo Powell
Tuesdays 05 Jun – 10 Jul 2018 10am-12pm	Length of Course: 12 hours

### Free Course

#### Aims of the Course

The overall aim is to help you discover your craft skills in a supportive and encouraging atmosphere through a mixture of practice, discussion and demonstration. You will be introduced to basic methods of crafting and helped to feel confident in using a range of materials.

#### Learning Goals (by the end of the course you will be able to)

- Demonstrate the use of a range of tools
- Apply a range of craft techniques such as Glass painting, ceramic painting, sewing, cross stitch, jewellery making
- Produce various craft items

#### About the Course

No previous knowledge or experience is required

learn a variety of different crafts during the course e.g. Glass painting, ceramic painting, sewing, cross stitch, jewellery making.

**Craft items will be available to purchase from the tutor or bring your own.**

Hot drinks are not provided so please bring a flask if you like

This Course could lead to:

Continuation of other Art related courses for pleasure

Progression on to other courses in another media

Joining art groups and societies

Developing an appreciation of Art and drawing

*Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.*

[www.hants.gov.uk/library](http://www.hants.gov.uk/library)



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