

SOME ORGANIC

WEEK 1

MONDAY

CHOOSE FROM

- Chicken fillet in a bap with diced potatoes
- ✓ Roasted vegetable pasta with garlic bread finger

VEGETABLE OF THE DAY

Served with garden peas and sweetcorn

TO FINISH

Ice cream, fruit smoothie or apple lolly

TUESDAY

CHOOSE FROM

- Sausage roll with choice of potato
- ✓ Vegetarian cottage pie

VEGETABLE OF THE DAY

Served with green beans, diced carrot and gravy

TO FINISH

Apple shortbread sandwich



A selection of alternative desserts; Banana, apple, orange, yoghurt, rice pot, fruity pot, cheese and biscuits or fruit juice are available daily

WEDNESDAY

CHOOSE FROM

- Chicken Korma with brown and white rice and Naan style bread
- ✓ Margherita pizza with diced potatoes or wedges

VEGETABLE OF THE DAY

Served with broccoli or coleslaw

TO FINISH

Seasonal fresh fruit medley

THURSDAY

CHOOSE FROM

- Pasta Bolognaise
- ✓ Vegetarian sausages with mashed potato and gravy

VEGETABLE OF THE DAY

Served with a medley of green vegetables

TO FINISH

Mini muffin

FRIDAY

CHOOSE FROM

- Baked fish finger pocket with tomato sauce
- ✓ Cheese, red onion and tomato pasty

VEGETABLE OF THE DAY

Served with chips, garden peas or baked beans

TO FINISH

Lemon crunch biscuit

WEEK 2

CHOOSE FROM

- BBQ chicken fillet
- ✓ Mixed vegetable wrap with tomato salad

VEGETABLE OF THE DAY

Served with diced potatoes and broccoli

TO FINISH

Ice cream, fruit smoothie or apple lolly

CHOOSE FROM

- Roast beef, Yorkshire pudding, roast potatoes and gravy
- ✓ Summer vegetable bake

VEGETABLE OF THE DAY

Served with green beans and carrots

TO FINISH

A choice of cold desserts



Extra freshly baked bread plus salad available daily

CHOOSE FROM

- ✓ Quorn chilli with brown and white rice
- ✓ Margherita pizza with diced potatoes or wedges

VEGETABLE OF THE DAY

Served with broccoli or coleslaw

TO FINISH

Seasonal fresh fruit medley

CHOOSE FROM

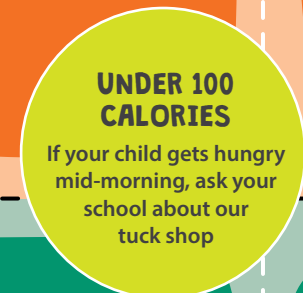
- Pork grill, mashed potato and gravy
- ✓ Macaroni cheese using Somerset cheddar and garlic bread finger

VEGETABLE OF THE DAY

Served with green beans or mixed salad

TO FINISH

Carrot cake



UNDER 100 CALORIES  
If your child gets hungry mid-morning, ask your school about our tuck shop

CHOOSE FROM

- Battered fish goujons, chips and tomato sauce
- ✓ Vegetable curry, brown and white rice and Naan style bread

VEGETABLE OF THE DAY

Served with garden peas or baked beans

TO FINISH

Love cake

WEEK 3

CHOOSE FROM

- Pork sausages with mashed potato and gravy
- ✓ Vegetable swirl

VEGETABLE OF THE DAY

Served with broccoli or baked beans

TO FINISH

Ice cream, fruit smoothie or apple lolly

CHOOSE FROM

- Roast chicken
- ✓ Quorn grill

VEGETABLE OF THE DAY

Served with roast potatoes, gravy and a medley of broccoli, cauliflower and carrots

TO FINISH

Fruity summer sponge



CHOOSE FROM

- Bubble salmon
- ✓ Margherita pizza

VEGETABLE OF THE DAY

Served with diced potatoes or wedges, coleslaw and garden peas

TO FINISH

Seasonal fresh fruit medley

CHOOSE FROM

- BBQ beef lattice with potato wedges
- ✓ Tomato pasta with garlic bread finger

VEGETABLE OF THE DAY

Served with green beans and sweetcorn

TO FINISH

Marble shortbread

CHOOSE FROM

- Baked fish fingers with tomato sauce
- ✓ Quorn nuggets with tomato sauce

VEGETABLE OF THE DAY

Served with chips and garden peas

TO FINISH

Cheddar cheese and crackers

✓ Vegetarian    • Gold award winner Crown Foods MSC Gluten Free Bubble Coated Salmon Fillets    • Green Gourmet's award-winning Red Tractor chicken breast fillet – Winner of the Queen's Award for Enterprise: Innovation 2017

CALENDAR

APRIL 2019

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY 2019

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE 2019

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY 2019

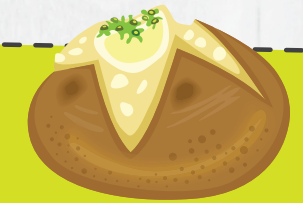
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2019

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2019

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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ASK YOUR SCHOOL ABOUT JACKET POTATO MENU CHOICES

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

FOOD TO FLOURISH