

Maths

We have been learning about equivalent fractions and made our own fractions walls.

Flabbergasting fitness!



Did you know exercise is good for you especially when you want to be fit. When you do physical activity, it reduces illnesses. Get off the sofa and amazingly reduce the risk of heart disease so miraculously changes. Transforms your miraculous body so get up and exercise!

Funny family fitness!

Did you know you can exercise with family and friends. You can hike, cycle and do more active on our side. We can all be had at making small changes but there no excuses to not exercise got 2.5 hours a week. Exercising with your family doesn't just transform your life it also transforms your family's life to being really healthy sounds small but really helps you it makes your bones to help you exercise with your family more.

More limited mobility exercise!

If you have limited mobility, it doesn't stop you from doing different types of exercise like aqua aerobics, bike, cycle, tennis and basketball this also help you to sleep and have a better mood. Did you know being active releases a chemical that makes you happy from your body! When you exercise, helps your heart beat faster you're mood and energy. So you pick up a cupcake today at your local shop.

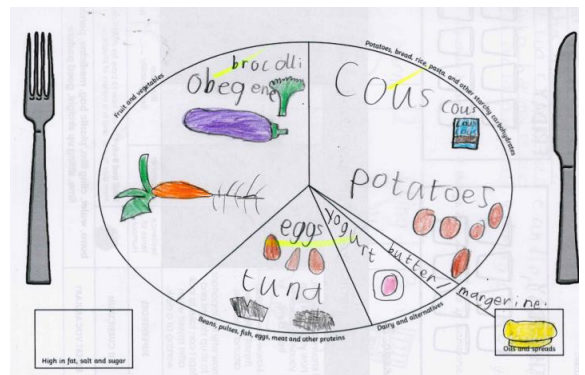
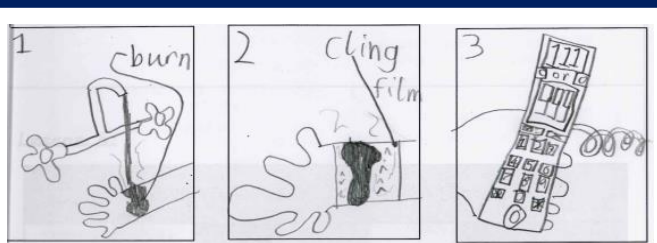
English

For Health Week, we have been writing leaflets to persuade people to exercise.



Health Week

This week we have discussed and shared these great books with the children.



Health Week

We have been learning how to look after our physical and mental health.