# Food

## Year Group: Foundation Stage







# Fit Curriculum Links: World, Spirituality and Communication Workouts

	Expert Vocabulary
wheat	the grain obtained from certain grasses and used in making flour and other foods.
grind	to crush or make by crushing into very small pieces or a powder
flour	the fine powder of wheat or other grain. Flour is used to make bread, pasta, and other food
knead	to mix by pressing, folding, and pulling
bake	to cook using dry heat at a medium oven temperature
throw	to send through the air with force by using the arm and wrist
spring	a season of the year between winter and summer.
tradition	the beliefs and customs thus handed down
evil	anything very wrong or bad that hurts people or animals
disaster	a sudden event causing much damage or suffering

### We will be making:







#### Characters from the stories we will be reading

Oni





Little Red Hen

Mama Panya





#### **Facts/Understanding the World**

Setsubun is a traditional annual Japanese event.. Setsubun involves a lot of bean eating and bean throwing to ward off evil spirits that bring disaster, misfortune and bad health and marks the end of winter.