



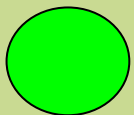
Minstead

July 2024



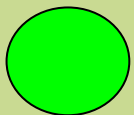
What is Minstead?

- A unique outdoor learning experience where children can learn about sustainability and the environment.
- Residential trip – 2 nights
- Located in Minstead, near Lyndhurst, Hampshire



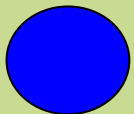
When?

- 2 separate trips:
 - Monday 15th July - Wednesday 17th July
 - Wednesday 17th July - Friday 19th July



Why go?

- Develop independence
- Team building and co-operation
- Develop social skills
- Develop friendships
- Learn about our local eco-systems
- Healthy lifestyle
- Have fun!



Outdoors and beauty of nature



**Nature
walk**

Beads



**Stay in a
lodge**



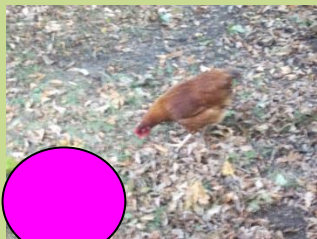
**Treasure
hunt**



Habitats



Make a fire



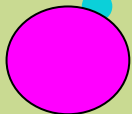
Eco-Awareness

- Electricity/ gas monitor chart
- Water monitoring
- Energy loss
- Thermo heat camera to look at energy loss
- Solar energy – helicopters
- Waste disposal
 - Food waste
 - Wormery



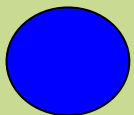
How does it help their Independence?

- Staying away from home
- Responsibility
- Organisation
- Packing
- Making beds
- Road Safety
- Daily routines
- Setting and clearing the table
- Making their lunch



How does it help their Social Development?

- Being away from home
- Developing friendships
- Different relationships with friends
- Communication with adults
- Table manners
- Trust
- Handling emotions



Accommodation

- Eco-Dormitory – beautiful timber framed building with solar heating and rainwater capture
- Teacher bedrooms closely linked to both dormitories
- Security – all cabins locked (Yale lock)
- Bunk beds
- Modern washrooms in each dormitory
- Single gender dormitories – one for girls and one for boys
- The Bean Bag Room for evening relaxation
- Energy display showing the children's daily energy and water use.

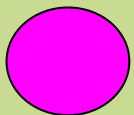


Meal Times

- Mindful not be wasteful
 - Home grown food
 - Table manners
 - Dietary requirements made known to kitchen staff
-
- Cooked breakfast
 - Lunch – choice of sandwiches, fruit and cake
 - Dinner – main meal and pudding
 - Pre-bed supper of milk and biscuits



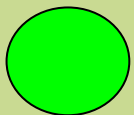
Captain Responsibility says: “I must not forget to eat a healthy balanced diet!”



Explanation of Costings

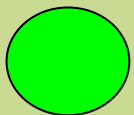
Zone A (4th – 8th Sept, 27th Nov – 19th Jan)	120
Zone B (11th Sept – 24th Nov, 22nd Jan – 9th Feb)	141
Zone C (19th Feb – 28 th March)	150
Zone D (15th April – 23 rd July)	166

Coach has increased in cost and is being split across fewer children.



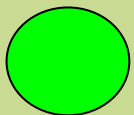
What the Parents said...

- Really enjoyed the trip came home full of smiles having enjoyed a wonderful time away with friends so glad they had the chance to take part a wonderful experience.
- My son loved all of it and it was his first time away without me! He seems to be more independent now.
- Thank you for organising it! Great to know about open day beforehand as useful to see where they were going. Really lends itself to talking about it when back home.



What the Parents said...

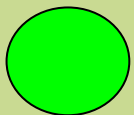
- Everyone at school should go - parents, teachers and kids! It's amazing!
- Very good value, good fun and a great learning experience.
- The children enjoyed hearing stories around the bonfire together with singing songs. Since returning I am really impressed with their table manners and the relationships they have developed with other children. I am delighted to see that X has been invited around to other children's houses after Minstead and they are much more willing to stay at other people's houses over night.



What the Parents said...

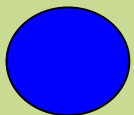
Just wanted to drop you a quick line to say how much my daughter, loved her visit to Minstead this week. She came back yesterday on a real high and hasn't stopped talking about it since, so a big thank you to you and Chris for giving the kids a wonderful experience and for doing such brilliant work. – it should be compulsory for every child in the country to come and see you!!

Minstead Study Centre Website



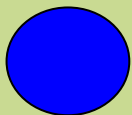
Suitcases

- No vacuum packing your suitcases!
- Children to be trained in packing a suitcase
- Children must be able to carry their own suitcase!



Things to Remember

- Clothes: day and night
- Outdoor shoes
- Full waterproofs (trousers and jacket)
- Long sleeved t-shirts and trousers
- Fleece/jumpers/hoodies
- Socks and underwear
- Nightwear - warm
- Wellington boots
- Reusable water bottle
- Sun hat/sun lotion (clearly labelled)
- Insect repellent (clearly labelled)
- Wash bag (no aerosols)
- Towel, (shower cap for long hair)
- Plastic bag for dirty laundry and spare bags for shoes
- Book, small game or teddy (if desired)
- No mobile phones, money or electrical items



Things NOT to bring

- NO mobile phones



- NO electronic games



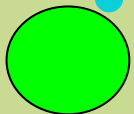
- NO really expensive cameras
 - Disposable cameras are great! Named!



- No money

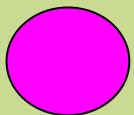


- No food



What next?

- Children to have experienced sleeping away from home before the trip (friend, grandparents etc.)
- Get bags ready / practise packing and folding!
- Purchase any required clothing.
- All paperwork to be completed.





Any Questions?

- For more information visit:
<https://www.hants.gov.uk/educationandlearning/minsteadstudycentre>

